

Testimonials:

"My experience at Healing Motion Physical Therapy has been life changing. A car wreck 15 years ago left me with major back pain and a bleak future of a quality life. My life consisted of living with pain killers, back/leg braces and constant physical therapy. That has changed. Three months ago, my doctor recommended changing my care to Healing Motion Physical Therapy. After a few treatments I began to have hope that I could have a pain free life. After months of treatment, I am remarkably pain free. I will be forever thankful to Dan Miller and staff at Healing Motion Physical Therapy." Dess Fletcher

"I first heard about Healing Motion and Dan Miller P.T. thru a luncheon at our office. I am a Nurse Practitioner in an Internal Medicine Clinic who has suffered from chronic neck and back pain for over 20 years due to a motor vehicle accident. Through the years I have sought out a variety of therapists, acupuncturist, chiropractors, and massage therapists, just to name a few. There were times I would get no relief, while others would give me temporary relief and hope. Over the past year I started having more bad days than good with additional thoracic pain that was new and made my daily life more of a challenge. I had almost given up until Dan paid a visit to our office. It was there he encouraged me to take a chance on him.

I listened and found his philosophy, not only on treating my chronic pain, but his holistic approach to healing enticing. I too believe our mind, body and spirit is one and that we need to find peace within and have faith to heal. So I began yet another journey, this time with a new vision at Healing Motion Physical Therapy. Since my case is so complicated it took several sessions to start narrowing in on the muscles and spinal issues causing my pain. What I found different with Dan's technique is that he is very "hands on". Many therapists just want to attach you to some machine (electrical stimulation, Ultrasound) or place you on hot packs. They rarely assess the patient on a full body level to find the source of the problem. Dan will evaluate the body as a whole; including any emotional components that may limit the healing process and help give guidance as needed.

After several months of therapy I could see the light at the end of the tunnel. Dan continued to encourage me both spiritually and physically. He also realized the need for further intervention and recommended I obtain some injections to help with the inflammation. With Dan's determination to heal, his love for his patients, skill for recognizing the body's needs and individualized exercise plans I am, and continue to be on my way to a healthier me. I realize I may never be pain-free but with the help of Dan and his team I have reached a more tolerable pain level and I continue to improve.

I have since referred several of my patients to Healing Motion with the same results. I have not only found a physical therapist but a cohort and friend. " In health, Stacy Niemi APRN

"After a devastating fall at work left me with a fractured shoulder, my orthopedic referred me to Healing Motion Physical Therapy for rehabilitation. As I had experienced Physical Therapy at two different facilities, I was ready to engage the process but whoa to my surprise, this not the typical "cookie cutter" program. Each session was geared toward my state of physical ability of that day. As a mental health nurse I realize the importance of concurring anxiety and depression associated with pain and fear of the unknown.

Dan Miller does an excellent job of utilizing imagery and appropriate breathing and awareness of how all these systems interact and are important to the healing process and overall healing incorporating body, mind and spirit.

This Physical Therapy program would be very beneficial for those experiencing depression and anxiety about their chronic pain." Signed, B.H. R.N., B.S.N, Mental Health Nurse.